



# Selgars.

Reconnect in Nature.

TEAM RETREATS - BROCHURE

JUNE 25





"Our team had a wonderful two night retreat at Selgars in June 2025. Anton and Morgane were genuine partners in preparing an agenda for us that focussed on team bonding – with a range of activities from yoga and painting to scavenger hunts and werewolves round the fire. The vegan food cooked by Bogdan was honestly out of this world – so delicious and inventive. It was a really well balanced retreat – enough quality activities alongside unstructured time just to 'be' as a team. As a primarily remote business, we're always keen to maximise the quality of our in-person time together to boost our internal culture and psychological safety, and this did exactly that. Best retreat ever!"

Jess Lister  
Founding Partner at Humankind Research



FORGET BORING CORPORATE HOTELS. EXPERIENCE THE MAGIC OF SELGARS MILL.

Selgars.



'It's truly been some of the best days of my LIFE! Seeing everyone connect and bond, just like a true family, makes me so proud of all we've achieved together! And to think this is only just the beginning!

I'm so excited for many more adventures to come in the future and memories to create and cherish forever!

Special thanks to Anton for opening Selgars to us! We loved every minute of our stay!"

Akash Mehta  
CEO of Fable & Mane







Selgars Mill is a beautiful converted 19th Century mill house with cottages, set in seven acres of secluded grounds in the Culm Valley in Mid Devon.

### **We can host up to 50 guests**

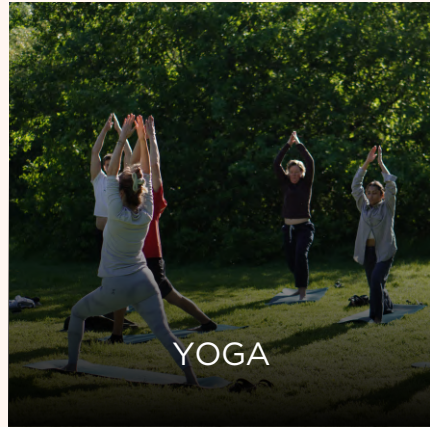
**overnight.** Our indoor accommodation has up to 22 beds across the Mill House, Mill Lodge, Pond Lodge and the Waggon. Max capacity if all doubles are shared and all sofa beds used is 30. We also have x10 cabins with two beds each.

During the months of May-early Oct we operate as a retreat venue. During the months of mid-Oct until the end of April Selgars becomes a coliving community.

Selgars is family run estate that is owned by Anton and Morgane who live onsite in one of the cottages. We don't think of Selgars as a hotel, but rather our home that we share with our colivers and guests.











WE WORK CLOSELY WITH LOCAL FARMS & REGENERATIVE CHEFS TO PROVIDE HEALTHY, DELICIOUS, SEASONAL, LOCALLY SOURCED PLANT BASED MEALS. THE PHILOSOPHY THAT WE EMBRACE IS THAT FOOD IS MEDICINE. WE RUN **THIS RETREAT** TWICE A YEAR WITH BOGDAN & CHIPPY. INSTEAD OF HEAVY & GREASY FOOD, WE SERVE FOOD THAT ENERGISING AND NUTRITIONALLY BALANCED. WE ALSO TRY TO USE AS MUCH PRODUCE GROWN ON OUR LAND AS POSSIBLE.













**We offer the complete package; a unique mix of indoor and outdoor spaces, delicious locally sourced food and a menu of tried and tested creative and wellness activities that can be woven into your programme.**

Thank You!

If you would like to discuss hosting a team retreat at Selgars, let's jump on a call.

[team@selgars.org](mailto:team@selgars.org)





In May 2025 we designed, facilitated and hosted the Carbon Removal Camp. This event was funded by [CO<sub>2</sub>RE - The Greenhouse Gas Removal Hub](#) (led by [Oxford University](#)). You can watch the video showreel [here](#).

These were four days of ideating, brainstorming and energising on carbon removal laid on a foundation of nature connection, embodiment and community.

The funders gave us an event brief and invited 45 participants and then we handled everything else from room allocation, catering, programme design, film & photography, entertainment and facilitation.



UNIVERSITY OF  
OXFORD

Imperial College  
London



University of  
BRISTOL

We were very happy with the Carbon Camp, the facilitation by your team, the beautiful venue, the amazing food, the great photos and videos and the entertainment! The feedback from the attendees has been really positive. I think the enthusiasm people have expressed after the event, key members of the network being re-energised and in touch to suggest further possibilities, as well as the general interactions on Whatsapp points to how much people enjoyed the camp and the impact it is having already.

- Event Funders



### Participant Feedback

'I left the CDR Camp at Selgars feeling re-energised and re-motivated. The levels of community and trust I built with my peers over the four days would have taken years to build through the usual channels of online calls, annual conferences etc. The format helped us participants to relax, be more open and creative and focussed the project work into much shorter and impactful sessions.

'Thank you for the excellent organisation and facilitation of the CDR camp. The programme had such a good balance between CDR content, free time and special activities.

'An absolute privilege to be a part of. Being fully immersed in nature, whilst not rushing through the programme, meant the connections I fostered across the four days felt organic, genuine and unique.

'The CDR camp at Selgars was a great opportunity to take a moment to pause, reflect, reenergize and plan with a group of peers in the climate and CDR space. The natural space offered a fantastic networking and connection opportunity, unstifled by the formality and pressure of traditional conference and workshop environments.'





# OUR FACILITIES

SELGARS MILL

DEVON, EX15 3DA

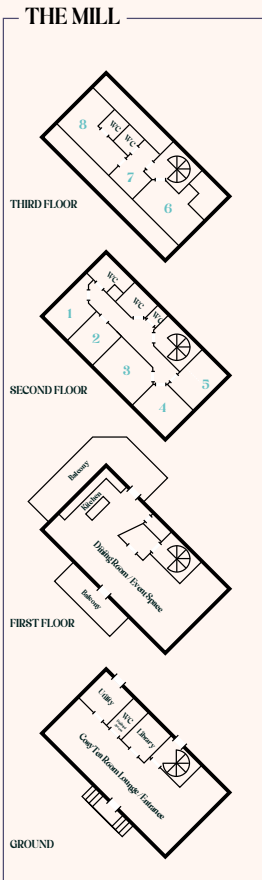


<https://youtu.be/FZgcHbMXoyc>

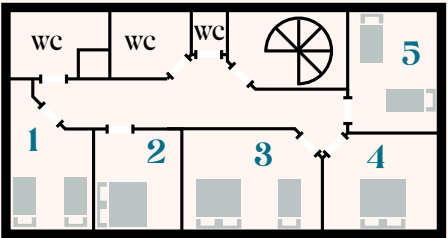




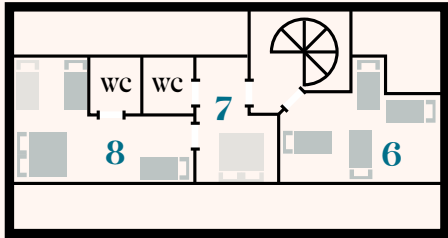
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Second Floor



Third floor



The top floor is ideal for families and groups that are happy to share.



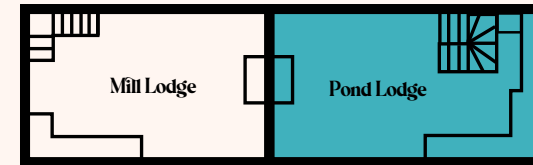






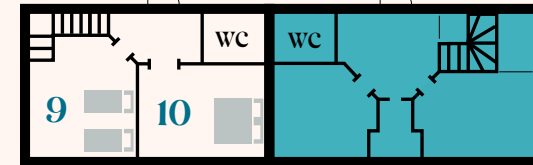
### First Floor (Loft)

### The Cottages



Pond Lodge is for staff use only

### Ground Floor



9 & 10 Disabled Access (ground floor)

### The Annex



The annex is a self contained cottage with a double bedroom and bathroom upstairs and a kitchen and lounge and working desk downstairs.

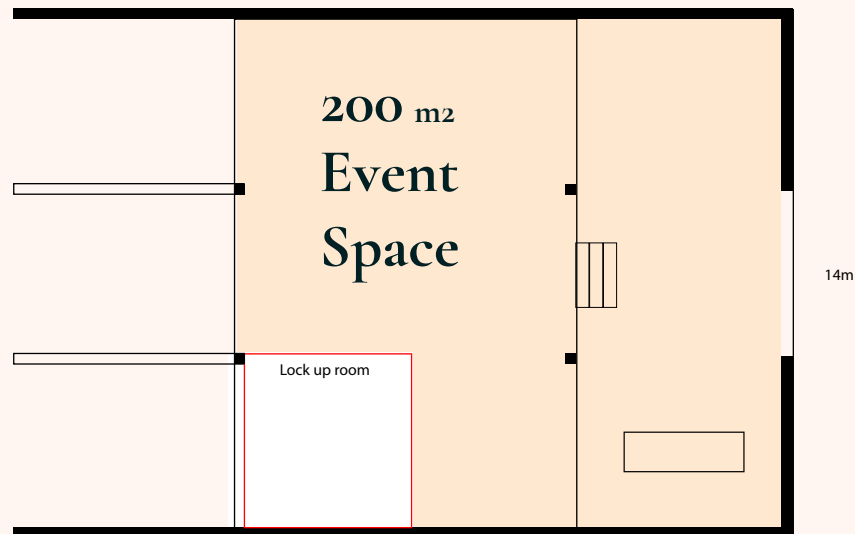
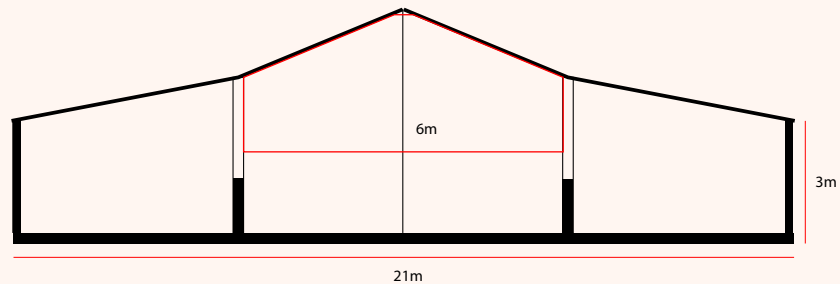


SITE MAP



# THE BARN

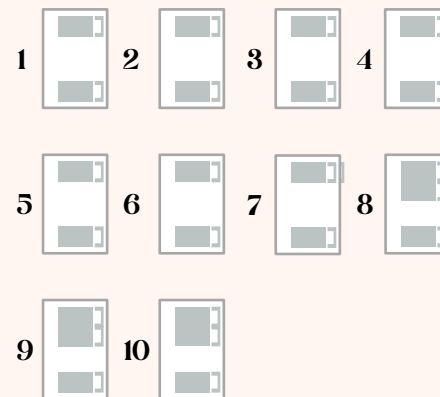
Selgars.





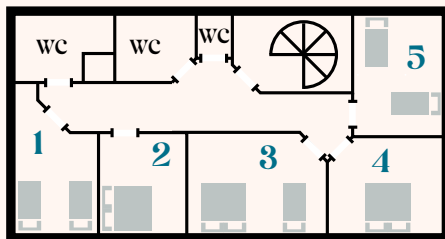


**WE HAVE X10 CABINS WITH TWO BEDS IN EACH CABIN. THE CABINS ARE NOT HEATED, BUT WE DO PROVIDE BEDDING, LANTERN, CLOTHES HANGERS, CURTAINS & HOT WATER BOTTLES. WE ASK GUESTS STAYING IN CABINS TO BRING THEIR OWN TOWELS. THERE ARE A COMPOST TOILETS & OUTDOOR SHOWERS NEARBY.**

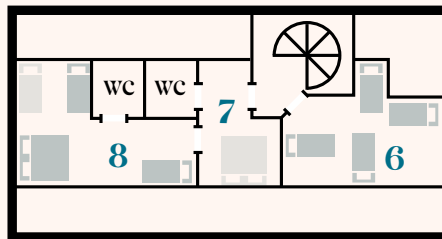


## The Mill House

### Second Floor



### Third floor



The top floor is ideal for families and groups that are happy to share.

Our indoor accommodation has up to 22 beds across the Mill House, Mill Lodge, Pond Lodge, the Waggon and the Annex.

Max capacity if all doubles are shared and sofa beds used is 30.



14 single beds



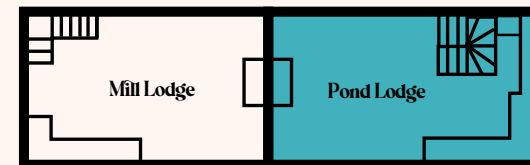
8 double beds



Includes a single and a double sofa bed

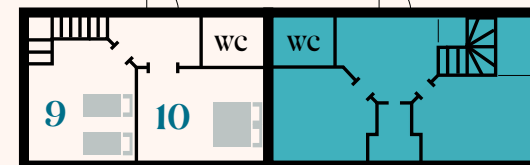
### First Floor (Loft)

## The Cottages



Pond Lodge is for staff use only

### Ground Floor



9 & 10 Disabled Access (ground floor)

11 The Waggon



12 The Annex













**Fantastic rail & road connections. A seamless journey by bike as well as train. Ideal for Londoners who don't own cars.**

## Bv Train

2½ miles from Tiverton Parkway, which is

- 14 minutes from Exeter St Davids
- 45 minutes from Bristol Temple Meads
- 2 hours from London Paddington
- 2¼ hours from Birmingham New Street
- Less than 4 hours from Manchester Piccadilly

## Bv Bike

15 minutes from Tiverton Parkway

## Bv Bus

Number 1 route from Exeter to Tiverton. 200m from Langlands Business Park bus stop.

## Bv Car

2½ miles from Junction 27 of M5.

